

## AA DISTRICT 6, MARTIN, ST. LUCIE, INDIAN RIVER AND OKEECHOBEE COUNTY TREATMENT FACILITY MEETING GUIDELINES

The Treatment Committee of District 6 of Alcoholics Anonymous (the “Committee”) sponsors meetings at various unaffiliated treatment facilities and detox centers in Martin, St. Lucie, Indian River, and Okeechobee Counties.

The Treatment Committee has recommended meeting guidelines and a format for the various meetings sponsored by the Committee and brought into the facilities by AA Volunteers (the “Approved Format”). The chairperson assuming responsibility for bringing a Committee sponsored meeting to one of these Facilities should familiarize themselves with our suggested format and readings available on the District 6 website (district6aa.org) prior to attending the first meeting at the Facility. Our Committee also offers format folders for free with the format and readings already inside. Each facility may have their own guidelines and the chairperson is responsible to ensure that all invited speakers or guests meet the requirements of the respective Facility as well. If the facility has no set requirements, The Treatment Committee suggests that an individual has worked all 12 steps and has at least 6 months of sobriety before chairing a meeting at a treatment facility. The speakers can be at the chairperson’s discretion.

***All chairpersons, speakers and invited guests are suggested to follow the guidelines below adopted by the Committee in addition to the Approved Format and readings provided by the Committee.***

### **General**

1. ***Please make sure that you fulfill your meeting commitment.*** If for any reason, you are unable to make the meeting as scheduled, please contact the member of the Committee that is the Facility Coordinator for the Facility you were scheduled to bring the meeting to with sufficient time to allow for the selection of a replacement and/or post to Treatment Committee private Facebook page. The Facility is depending upon us to honor our commitments to bring meetings to their clients.
2. ***Respect the AA Traditions*** at all times during your meeting.
3. Do not take any guests who are not members of AA to any Committee sponsored meeting.
4. Each Facility may have a sobriety requirement for chairpersons and speakers. ***Please make sure you are not going against any requirements of the Facility and abide by each Facility’s rules and regulations.***
5. *There is a suggested format and readings* that are provided for each of the Committee sponsored meetings. This can be found at **district6aa.org** or by sending a representative to a treatment committee meeting first Saturday of every month at Martin County Intergroup at 9 AM.
6. Please try to limit the duration of the meeting to 1 hour.
7. ***Please do not engage in any inappropriate contact with members of any sex,*** nor exchange phone numbers or other contact information with any clients of the Facility you are visiting unless specifically told it was okay by the facility.
8. When the meeting is over, try to leave promptly. If a client of the Facility wishes to engage you in conversation, feel free to do so on a limited basis, provided you are within the bounds of the rules and regulations of the Facility.
9. ***Please avoid the use of profanity.*** Remember that you are a representative of AA and may be the only example of AA that clients have seen.
10. ***Please dress appropriately.*** Men should avoid sleeveless shirts. Women should avoid low-cut blouses, short shorts or overly short skirts.
11. Refrain from bringing any materials into the meeting other than conference approved literature. Do not give any of the clients any type of food, snack, beverage, cigarettes, medicine, reading material (other than Conference Approved literature) or other items. Do not give any of the clients’ money. Do not allow any of the clients of the Facility to use your cell phone.
12. Should you have any issues with any client of any Facility, please report it to the person in charge of the Facility and to the chairman of the Committee at [Treatment@District6AA.org](mailto:Treatment@District6AA.org).

***Respecting these guidelines will help ensure that the Facility and their clients will receive the maximum benefit possible from the Committee sponsored meetings. Thank you for your cooperation.***